

The infographic features a central illustration of a female doctor with red hair and glasses, wearing a light blue lab coat with a rainbow heart and a name tag, holding a clipboard. The background is a collage of orange and white geometric patterns. Surrounding the doctor are several circular callouts with different patterns and colors, each containing a health topic. A central banner below the doctor reads "ASK ME ABOUT...".

Drugs and Alcohol

STRESS

ANXIETY & DEPRESSION

PRESCRIPTIONS

ASK ME ABOUT...

Sleep

SEX

MENTAL HEALTH

Diet and Exercise

STDs

© 2021 The Comprehensive Healthcare for Adolescents Initiative.

I promise.

No judgement.

There's no such thing as a dumb or weird question.

You are safe.

Trust me.

I promise.

ASK ME ANYTHING!

No judgement.

I've heard it before,

Trust.

Ask me anything.

I've heard it before.

I promise.

© 2021 The Comprehensive Healthcare for Adolescents Initiative.

What you tell your provider is **CONFIDENTIAL**

JUST BETWEEN US.

That means what you talk about stays private between you and your provider, *except in cases of emergency.*

Ask us more about **CONFIDENTIALITY!**



MICROBIOLOGY

THERAPIST



CHEMISTRY

IT TAKES HARD WORK
to become a medical professional.



ANATOMY

PHYSICIAN



NURSE

TECHNICIAN

I'M A QUALIFIED PRO!



STATISTICS

ASK US
about our training and
qualifications.



MEDICAL TERMINOLOGY



BIOLOGY

MEDICAL ASSISTANT

NURSE PRACTITIONER

PHLEBOTOMIST

© 2021 The Comprehensive Healthcare for Adolescents Initiative.