

Sample Script: Confidentiality

This script is directed to the adolescent patient.

Everything you tell me is confidential, meaning I will not tell anyone else anything that you say, unless it involves an issue of seriously harming yourself, harming someone else, or someone is harming you. In those cases, I would have to report it, but you and I will talk about that reporting process together and next steps. Again, this is only in cases when safety is a concern, not something like smoking a cigarette. The rest of our conversation is confidential. You can ask me questions and I will provide you with an answer that will be kept between you and me. To make sure our conversation stays confidential, I will not document what we discuss in your medical records. That way there is no concern about anyone else seeing what we talked about.